

EASTERN COUNTIES



CYCLING ASSOCIATION

**BAR 50 miles time trial, incorporating ECCA 50 miles championship**  
Promoted for and on behalf of Cycling Time Trials under its Rules and Regulations

**START SHEET Saturday, May 27<sup>th</sup> 2023, 1pm Course F2/50**

**Event Organiser:** Vince Freeley, (Finsbury Park CC), 13 The Orchard, London, N21 2DN.  
[vfreeley@gmail.com](mailto:vfreeley@gmail.com), 07970 462554

**Timekeepers:** Tim and Wally Groves, Cambridge C&AC

The event has been handicapped, for ECCA riders, using the Standardised Handicapping System modified for ECCA events. Please notify Organiser of any improvement in PB.

### AWARDS

- MEN:** 1st: *Beauchamp Trophy + Boxed Medal.*  
2nd: *Championship Gilt Medal.* 3rd to 4th: *Championship Medal.*
- WOMEN:** 1st: *Robin Cook Memorial Trophy + Boxed Medal.*  
2nd: *Championship Gilt Medal.*
- TEAM:** 1st *Team of Three: Championship Gilt Medals.*
- HANDICAP :** 1st: *ECCA Gilt Medal.* 2nd to 4th: *ECCA Medal.*

**Only members of ECCA affiliated clubs are eligible for awards**

**Headquarters:** Barton Sports & Social Pavilion, High Street, Barton, CB23 7BD  
Will be open from 11:30

Please note bikes are not permitted into the pavilion or past the entrance gate.

### Course

- Start** at paint mark about 25 yards west of eastern expansion joint in road surface of bridge where St Neots Road crosses over A428 dual carriageway just east of Highfields Caldecote. Proceed eastwards straight over (1<sup>st</sup> exit) Caldecote RAB to Hardwick RAB where sharp left, 1<sup>st</sup> exit onto A428 westbound, Pass Cambourne junction to
- TURN** at Caxton Gibbett RAB (5.4 miles) and retrace A428 eastbound passing Cambourne and Hardwick junctions to exit at slip road to Madingley RAB, where take 4th exit to re-enter A428 westbound and retrace to Caxton Gibbett RAB, (18.0 miles) where
- TURN** and retrace to Madingley RAB, where take 4<sup>th</sup> exit to,
- TURN** and retrace to Caxton Gibbett RAB, (30.6 miles) where,
- TURN** and retrace to Madingley RAB, where take 4<sup>th</sup> exit to
- TURN** and retrace to Caxton Gibbett RAB, (43.2 miles), where
- TURN** and retrace to Madingley RAB, (49.5 miles) **where TAKE 3<sup>rd</sup> EXIT, to FINISH** on St Neots road.

**No U turns in sight of start or finish**

## **WARNING !! POTHOLE!!**

During the course inspection a number of potholes have been observed on the course.  
Potholes will be marked with white paint and, where possible, a red flag  
Riders are reminded to ride with their head up and looking forward at all times.

**HQ to start:** 5.5 miles of flat roads. From the HQ go left on High Street (B1046) for 1.4 miles. Turn right onto Long Road and follow for 2 miles to junction with St Neots Road. Turn left and follow St Neots road for 2 miles, past Hardwick RAB and BP garage to the start on A428 overbridge. **NO U TURNS in sight of start.**

**Allow at least 30 minutes to get to start line.** It is recommended that you leave your car at the Pavilion car park and ride to the start.

**Finish to HQ:** 3.5 miles of flat roads. After finish, stay on St Neots Road until safe to **STOP** and turn round, **NO U TURNS**. Retrace to junction with Long Road where turn right (care) and follow Long Road to junction with B1046, where left and follow B1046 to Barton Village and HQ.

**At the HQ:** The HQ is in a small village. We are guests in the village; please be considerate of local residents.

**Parking:** No parking at the finish or close to the start.  
There is limited parking at the HQ and some wide verges on St Neots Road west of the start. Park with consideration at all times and do not block driveways or cause any nuisance to local residents.

**Cycle lights** No competitor shall be permitted to start either a Type A or Type B event unless such competitor has affixed to the rear of their machine a working rear red light, either flashing or constant, that is illuminated and in a position that is clearly visible to other road users.  
No competitor shall be permitted to start either a Type A or Type B event unless such competitor has affixed to the front of their machine a working front white light, either flashing or constant, that is illuminated and in a position that is clearly visible to other road users.

**Helmets:** All competitors must wear a properly affixed helmet which must be of hard/soft shell construction.

**Warming up:** No warming up along the course by competitors once the event has started.  
No U-turns on the road close to the start or finish.

**Refreshments:** There will be limited refreshments available at HQ after the finish. No fixed prices, please make a contribution at your discretion.

**Litter:** Riders are reminded that dropping litter (such as gel wrappers) is a criminal offence and offenders will be liable to disciplinary action by the District Committee.

**Signing out:** No sign out, no time.

**Rider safety:** The intention is to cross the finish line as quickly as possible and there's no prize for crashing at the highest speed. Vehicles can stop on dual carriageways so stay alert.

## Tandem

Bib	Start t	Name	Club/Team	Gend	Cat
1	13:01	John Swanbury	VC Baracchi	Male	Vet
1		Kate Churchill	VC Baracchi	Fem	Vet
3	13:03	Norman Harvey	Sotonia CC	Male	Vet
3		Mary Corbett	Sotonia CC	Fem	Vet

## Solo

Bib	Start t	Name	Club/Team	Gend	Cat	ECCA h/c
4	13:04	Ian Wroblewski	Team Lutterworth Cycle Centre	Male	Vet	*
5	13:05	Andy Critchlow	Paceline RT	Male	Vet	*
6	13:06	Sebastian Harrison	Islington Cycling Club	Male	Vet	*
7	13:07	David Nichol	Ferryhill Whs	Male	Vet	*
8	13:08	Phil Wright	Hartlepool CC	Male	Vet	*
9	13:09	Norman King	St Neots CC	Male	Vet	1:09:59
10	13:10	Paul Pardoe	Peterborough CC	Male	Vet	14:57
11	13:11	David Glossy	Elysium Kalas Race Team	Male	Vet	21:21
12	13:12	Sam McDonald	St Neots CC	Male	Sen	18:50
13	13:13	Ed Tarelli	Race Hub	Male	Vet	*
14	13:14	Andrew Wenham	Shaftesbury CC	Male	Vet	35:31
15	13:15	Jamie Sparrow	North Norfolk Whs	Male	Vet	18:53
16	13:16	Tim Baggs	Sherwood CC	Male	Vet	*
17	13:17	Shaun Jarvis	St Neots CC	Male	Sen	20:23
18	13:18	Emily Robertson	Bedfordshire Road CC	Fem	Sen	*
19	13:19	Phil Bailey	Loose Cannon's Conditioning	Male	Vet	57:46
20	13:20	Henrik Persson	FTP ( Fulfil The Potential ) Race Team	Male	Sen	*
21	13:21	Rob Young	Shaftesbury CC	Male	Vet	21:02
22	13:22	Jeff Roberts	High Wycombe CC	Male	Vet	*
23	13:23	Emily Martin	Team Bottrill	Fem	Sen	*
24	13:24	Neil White	Ambion Racing Team	Male	Vet	*
25	13:25	Kevin Baumber	Shaftesbury CC	Male	Vet	18:41
26	13:26	Simon Daw	CC Sudbury	Male	Vet	30:52
27	13:27	Michael Martin	CC Ashwell	Male	Vet	30:11
28	13:28	Susan Triplow	CC Sudbury	Fem	Vet	37:38
29	13:29	Shay Giles	Thanet RC	Male	Vet	*
30	13:30	Howard Bayley	Blazing Saddles	Male	Vet	*
31	13:31	Paul Lunn	Fenland Clarion CC	Male	Vet	20:36
32	13:32	Grant Orsborn	Bedfordshire Road RT	Male	Vet	23:26
33	13:33	Jez Willows	Sherwood CC	Male	Vet	*
34	13:34	Steve Clarke	TMG Horizon Cycling Team	Male	Vet	*
35	13:35	Keith Dorling	Team Bottrill	Male	Vet	*
36	13:36	Lara Franklin	Stowmarket & District CC	Fem	Sen	*
37	13:37	Philip Wilkinson	Rockingham Forest Wheelers	Male	Vet	*
38	13:38	Drew Sheffield	FTP ( Fulfil The Potential ) Race Team	Male	Vet	*
39	13:39	Jen Clegg	Team Bottrill	Fem	Vet	*
40	13:40	Darren Yarwood	ADDFORM Vive Le Velo	Male	Vet	*
41	13:41	Lee Turner	Arctic Aircon RT	Male	Vet	*
42	13:42	Peter Shaw	Bedfordshire Road RT	Male	Sen	25:38
43	13:43	Richard Gifford	trainSharp	Male	Vet	*
44	13:44	Roger Sheridan	North Devon Velo	Male	Vet	*

45	13:45	Nic Pillinger	St Neots CC	Male	Vet	18:22
46	13:46	Matthew Cook	Bedfordshire Road RT	Male	Vet	33:38
47	13:47	Stuart Thompson	Velo Club St Raphael	Male	Vet	*
48	13:48	Deborah Beare	Icknield RC	Fem	Vet	34:41
49	13:49	Andrew Nunn	CC Ashwell	Male	Vet	36:56
50	13:50	Jack Levick	Rose Race Team	Male	Sen	*
51	13:51	Adam Fisher	Cambridge CC	Male	Vet	20:18
52	13:52	Vicky Lee	Total Tri Training	Fem	Sen	*
53	13:53	Anastasia Bowler	Wahoo Le Col	Fem	Sen	*
54	13:54	Chris Shaw	Fenland Clarion CC	Male	Vet	27:06
55	13:55	Kate Allan	Team Bottrill	Fem	Sen	*
56	13:56	Martin Haworth	Barton Wheelers Cycling Club	Male	Vet	*
57	13:57	Paul Looke	Shaftesbury CC	Male	Vet	32:02
58	13:58	Chris Dyason	Cambridge CC	Male	Vet	35:40
59	13:59	Chantel Coetzer	Redbridge CC	Fem	Sen	41:44
60	14:00	Liam Maybank	Twickenham CC	Male	Vet	12:58
61	14:01	Dan Blackburn	Epic Orange Race Team	Male	Vet	*
62	14:02	Matthew Reader	Verulam CC	Male	Vet	22:28
63	14:03	Tony Ball	Legato Racing Team (LRT)	Male	Vet	*
64	14:04	Chris Holmes	VC Norwich	Male	Vet	*
65	14:05	Simon Butteriss	Ely & District CC/B&T Motor Repairs	Male	Vet	18:05
66	14:06	Colin Parkinson	South Western Road Club	Male	Vet	*
67	14:07	Mike Dalton	Stockton Wheelers CC	Male	Vet	*
68	14:08	Adrian McHale	Peterborough CC	Male	Vet	31:39
69	14:09	Chris Spray	Ratae RC	Male	Vet	*
70	14:10	Paul Burton	Paceline RT	Male	Vet	*